



Let the Sword Speak



Jungshin Fitness® -A global movement, an authentic meeting of body and mind. Martial arts meets modern fitness for cutting-edge health. We believe that everyone has a warrior within. We honor our sacred lineage.

Receive a FREE complete Jungshin Athletic Flow workout and a warrior teacher t-shirt with your purchase of a Jungshin long and short sword (2 short swords) combo pack. Your discounted price = \$189.



Are you interested in learning the FLOW of Jungshin Fitness, teaching, leading, and launching a New fun group class format in your studio and dojo?

Please join us for the next teacher training at CENTURY headquarters in Oklahoma on August 4th and 5th, 2018. Use SWORDFITNESS to redeem your 25% discount, warrior!

For your VIP sword package and/or teacher training, please visit, www.jungshinfitness.com/centurymartialarts

Focused Mind Fitness

www.jungshinfitness.com



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